

Curriculum Vitae

Renata Seredyńska-Abou Eid is a PhD candidate at the University of Nottingham, UK. Her doctoral project *Translating Cultures - Adapting Lives* has been aimed at researching cultural translation among Polish migrants in the East Midlands as a tool for their adaptation in the host culture. The ultimate aim of the project is to increase migrants' awareness of socio-cultural elements of their existence in the target country and to inform policy makers about migrants' needs in order to alleviate social tension that may partly result from the unfavourable political climate.