

## **CREATION - TRANSFORMATION AND METAMORPHOSIS**

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## **Abstract**

The story of a life project

How artistic contemporary practices can reach out towards change and transformation.

In this communication we will share the impressions we have been assembling over thirty years of work, concerning the significant relationship between art and society.

Through film and speech, we will take some examples of our practice both as artists, lecturers and cultural programmers that explain the axis through which the body of this work has developed over time.

The role of the arts in daily life. Transformation of the ordinary into the extraordinary.

Body, transformation and transfiguration through the artistic art process. More complete and playful notion of self through the regular and varied experience of art making.

Accessibility to art brings strong and endured perceptions of the artistic, the aesthetic, the ethical realms of life. Design of different programmes embodied in the territories where they happen. Cultural environment and artistic action, two aspects of one same thing.

Metamorphosis between territory and artistic proposal. Examples of different strategies of programming, of making the arts happen regularly in nature, in urban, rural or non-rural contexts, near to the populations who are or are not necessarily familiar with the arts. How memory and future tie themselves together to produce refreshed views and understandings on relevant issues, contemporary concerns through the visit and presentation of art works.

How the participatory aspect of art can lead towards self empowerment, sense of belonging, integration and happiness. How participatory art can reach everyone, regardless of age, education, nationality, culture or belief. Participatory art as an example of artistic democracy practice.

Multiculturality and the migrant phenomenon through the world. A concrete example: Oriental populations in the southwestern Portugal. The artistic paths that may lead towards total integration and inclusion: how disruptive realities become ways towards new harmonies.